

Nerang Youth

All activities are free!

School Holiday Program

18 to 22 September, 2017

Monday 18 September, 2017

9am - 10am	Ice breakers	Join in and get to know your mates
10am - 11am	Oz tag	Who can play Oz tag, wear your team colours
11am - 12pm	Red rover with a twist	Who remembers this game
12pm - 1pm	Lunch	Bring your lunch and join us in the park
1pm - 2pm	Break dancing	Let's learn new skills from Team Cream Studios
2pm - 3pm	Hand ball	Who's the hand ball champ?
3pm - 5pm	Chalk run fun	Wear white and be prepared to get colourful

Tuesday 19 September, 2017

9am - 11am	Dodge ball	Let's play
11am - 12pm	Let's have fun getting fit and strong	Paris from Crossfit Personal Best will show you how
12 - 1pm	Lunch	Bring your lunch and join us in the park
1pm - 2pm	Handball comp	Let's get this comp started
2pm - 3pm	Blindfolded Marco polo	Who can do this !
3pm - 5pm	Arts and crafts	Let's get arty with making Logo Boards

Wednesday 20 September, 2017

9am - 10am	Tug o war	The battle begins
10am - 11am	Touch	Touch footy time
11am - 12pm	Chocolate game	The best game to play
12pm - 1pm	Lunch	Bring your lunch and join us in the park
1pm - 2pm	Minute to win it games	See how many challenges you can do in a minute
2pm - 3pm	Soccer	Bend it like Beckham
3pm - 5pm	Movie time	Chill time with a movie and popcorn

Thursday 21 September, 2017

9am-10am	Trivia	Lets test your knowledge
10am-11am	Craft time	Let's make some clay hands
11am - 12pm	Muay thai	Learn skills with Marcus from Heart Smart Fitness
12pm - 1pm	Lunch	Bring your lunch and join us in the park
1pm - 2pm	Old school games	Let's get back to basics
2pm - 3.30pm	Circus skills	Join Kerbside Circus and have fun learning to juggle, hula hoop and build human pyramids
3.30pm - 5pm	Nerang has Talent	Who has the best talent?

Friday 22 September, 2017

9am - 11am	Arts and crafts	Let's make some cool Dream Catchers
11am - 12pm	Let's have fun getting fit and strong	Paris from Crossfit Personal Best will show you how
12pm - 1pm	Lunch	Bring your lunch and join us in the park
1pm - 2pm	Chocolate game	Last chance to play
2pm - 3pm	Skit fun	Let's have some fun with these skits and recreate them
3pm - 5pm	Movie time	Chill time with a movie and popcorn

Nerang
Neighbourhood Centre



★ Registrations can be completed on any first day your young person arrives
 ★ Indicates activity has limited spaces - booking is essential.
 Nerang Youth is located at the Bert Swift Community Hall, 11 Centurion Crescent, Nerang
 All activities are designed for young people 12-17years and all activities are free!
For information: email t.adams@wmq.org.au or phone 0408 734 061

CITY OF
GOLDCOAST.