



Cooking classes for students in Years 7 to 10

We are excited to announce that the popular Diabetes Queensland school cooking program *Need for Feed* is coming to our school! Kids all across Queensland are participating in this hands on program and it is now available for up to 15-20 lucky students' in years 7 to 10.

This hands-on approach to cooking will expose students to a variety of dishes, basic skills involved in preparing and cooking meals from scratch and will improve students' awareness healthy eating. The program will be run outside of school hours with the guidance of qualified staff, making the cooking experience both safe and enjoyable.

All participants will receive a *Need for Feed* manual for participating in the program. A small fee of \$30 in total will be charged for participation in the cooking program that can be paid to the school.



The program will commence on Thursday 20th July 2017 at 3pm until 5pm and will be run within the school home economics room. The program will run for 8 weeks, with one session per week.

As there are only 15-20 spots available please see Karen Purdy to register, but hurry, spots **WILL** fill fast!

This program is funded by the Queensland Government.



Healthier. Happier.



**Queensland
Government**